Holiday Chicken Enchilada Cheese Soup (2_2017)

Nutrition Facts Serving Size 1 cup (240.00g/8.5oz)			
Amount Per Serving			<u> </u>
Calories 200 Calories from Fat 60			
		% □	aily Value*
Total Fat 7g			11%
Saturated Fat 3.5g			18%
Trans Fat 0g			
Cholesterol 30mg			10%
Sodium 1280mg			53%
Total Carbohydrate 21g 7			7%
Dietary Fiber 4g			16%
Sugars 8g			
Protein 12g			
Vitamin A 109	% •	Vitam	in C 8%
Calcium 10% • Iron 8%			3%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500			
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrat Dietary Fiber Calories per gran	Less than Less than te	65 g 20 g 300 mg	80 g 25 g 300 mg 2,400 mg 375 g 30 g
Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: WATER, TOMATO PUREE (WATER, TOMATO PASTE), CORN, PASTEURIZEDPROCESS CHEESE SPREAD (AMERICAN CHEESE [MILK, CULTURES, SALT, ENZYMES], WATER, WHEY, SODIUM PHOSPHATE, WHEY PROTEIN CONCENTRATE, SKIM MILK, SALT, MILK FAT, ARTIFICIAL COLOR), COOKED BLACK BEANS, CHICKEN MEAT, DICED TOMATOES IN TOMATOJUICE, ONIONS, CONTAINS LESS THAN 2% OF: GREEN PEPPERS, RED PEPPERS, MODIFIEDFOOD STARCH, JALAPENO PEPPERS, SALT, CILANTRO, BUTTER (CREAM [MILK], SALT), WHITECORN FLOUR, CHICKEN INCLUDING CHICKEN JUICES, SUGAR, SOY LECITHIN, CHICKEN FAT, SPICE, SOY PROTEIN CONCENTRATE, FLAVORING, DEHYDRATED GARLIC, CHIPOTLE PEPPER, SODIUM PHOSPHATE, YEAST EXTRACT, DISTILLED VINEGAR, CHICKEN STOCK, DEHYDRATEDCHICKEN, TURMERIC, DEHYDRATED CORN, TURMERIC EXTRACT.

Contains: Milk, Soy